

Time For More Adventures

By Bob Schahinger

Dis-Able Sailing Inc. during the past five years or so has given much pleasure to many people, irrespective of their ability and age, in several different ways. *Freedom*, the Association's day-sailer yacht, has introduced people to sailing, taken people with an intellectual disability for day sails and competed within the RSAYS's racing program.

Upon the inauguration of the Dis-Able Sailing Inc. organisation the eventual aspiration was to introduce people to offshore sailing/racing. *Freedom* is restricted to inshore/coastal racing and has done very well but now the offshore goal is near.

With the arrival of *Clockwork*, a Sydney 38 yacht owned by Bob and Deirdre Schahinger, the dream is at last about to be realised. *Clockwork* will be used to train and coach all who sail on her in team work, sailing skills, race craft and safety at sea, but occasionally be used for a leisurely private weekend cruise. On a few times during the summer *Clockwork* will enable some persons who use a wheelchair to board her for a day sail without leaving their wheelchair. This is another one of the objectives of Dis-Able Sailing Inc. For this summer most of *Clockwork*'s program will be to introduce some of our current regular sailors, and some new faces, to the yacht and gradually hone their sailing skills by taking part in a few offshore sails and regattas. With the help of our most experienced sailors the team will gell and become good crew members.



Freedom will not be forgotten as she is an important part of Dis-Able Sailing Inc.'s program. Being a very basic yacht new comers will find it easy to learn how to sail a small yacht well. The skills learnt will enable these sailors to translate the skills to a larger more complicated yacht. *Freedom* will still be out there competing with all comers during the Twilight Series and the women will try to defend their title won last summer. I can't hold them back!

One of Dis-Able Sailing Inc.'s important roles is to provide day options for people with a disability. Almost every second

Monday four groups of people with an intellectual disability enjoy a day trip around the Port River. Most recently Dis-Able Sailing Inc. has acquired, through a government grant, a Hansa 303 dinghy. This will replace the one on loan from the Adelaide Sailing Club. The purpose of the Hansa 303 is to provide short sailing times for people that use a wheelchair for their mobility. Dis-Able Sailing Inc. have a couple of clients sailing in these dinghies. Even though they are unable to communicate they are encouraged to steer the boat. This gives them great joy and hopefully a sense of achievement.

Dis-Able Sailing Inc. continues to provide an appropriate level of sailing to anyone willing to have a go and to include them within our ranks.

Mechanical Tip

Kingsley Haskett

A service tip to save you time and money in the off-season!

Here's an old trick, still relevant but no longer widely done. When Winter comes, remove all of your running rigging i.e. halyards etc., run in light line mices, put your lines in a net washing bag in the washing machine and wash with a little detergent in warm (30deg.) water. Rinse well and dry.

When re-running your now clean and subtle halyards, fit them in reverse i.e. the old tail now up the mast. This will at least double the life of your running rigging. Tip: fit tags to each one, as they are not all the same size or length.

PS: Don't use softener as this makes them slippery and impossible to hold!

Bones

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